



This event is open to ALL women, age 21 and older. Participants must present a valid ID and signed waiver at check in. Appropriate fitness attire and running shoes are required.

The fitness challenge will consist of a "pursuit and rescue" obstacle course, push ups, sit ups and a 1½ mile run.

Guest speakers from the Sheriff's Department will give a brief presentation prior to the event.

Only participants in the event will be allowed on the premises.

For more information call: (909) 387-3675 = (909) 387-3750

EVENT DATE & TIME:

July 20th, 2013 ■ 7:00 a.m. to 1:00 p.m. (Check-In starts at 7:00 a.m.)

LOCATION:

San Bernardino County Sheriff's Basic Academy 18000 Institution Road, San Bernardino, CA

REGISTER ONLINE:

Online registration deadline July 15th, 2013



www.SheriffsJobs.com